

## SPORTS AND RECREATION INFORMATION





**Mr. Maurice Masiga**University Sport Officer

Under Student Affairs Department, the University runs more than 15 different Sports and Recreation activities at our two campuses. All our teams are under the brand name: "FALCONS" i.e. Falcons Rugby Team, Falcons Handball Team, etc.

The Falcons participate mainly in the Kenya University Sports Association (KUSA) leagues but also in national federation leagues. By a look at the department you will be interested to note some of the following sporting activities:

# i) Rugby Falcons

The Falcons Rugby team

participates mainly in the Kenya Rugby Union League (KRUL) and tournaments and have won accolades of different kinds. These links are just a sneak preview of what the team has been involved in in the recent past.



- https://www.youtube.com/watch?v=I99T2P3ILmQ
- https://www.youtube.com/watch?v=woSYjG9Xcmc

# ii) Gym

The University operates a gym at the Main Campus Athi River which is open to both students and staff. Sports teams as well as individuals are encouraged to take advantage of the numerous exercise options for their wellbeing.



### iii) Soccer

Soccer is by far the most popular sport in the world. This is not any different at Daystar. The competition is very high both at team level and at league level also.



### iv) Handball

The Handball Falcons are the newest kids on the block and moving up the ladder of performance at KUSA (Kenya University Sport Association) quite fast.



### v) Intramurals

The Daystar community members enthusiastically come together for recreational sports, forming teams to compete in the Daystar Super League (DSL).

The Daystar Super League (DSL) happens every semester and is very popular with community members that are not on any of the Falcon teams.

 Falcons Basketball Floodlights takes place once every year at the Main Campus under floodlights and with music. Local schools and universities do attend this late evening event. Follow this link for a feel of the event: <a href="https://youtu.be/qi\_oOl5LsfE">https://youtu.be/qi\_oOl5LsfE</a>



 Once every year, the Sports department runs a Falcon of Character Award (FOCA) Dinner



I am delighted to introduce below the officers in the department:

Mr. Maurice Masiga : University Sports Officer

Mrs. Rachel Njoki Mwaura : Assistant Sports & Recreation Officer

Mr. John Yidah Dungani : Sports & Recreation Assistant



We in Sports and Recreation at the Student Affairs
Department welcome you to onboard your talent. For further enquiries contact the Sports Department on Email:

<a href="mailto:mmasiga@daystar.ac.ke">mmasiga@daystar.ac.ke</a> or <a href="mailto:rmwaura@daystar.ac.ke">rmwaura@daystar.ac.ke</a> or call 0709 972 000.

Welcome to Daystar!

Maurice Masiga
Sports Officer

#### **About us:**

Daystar University is a Christ-centred non-denominational institution of higher learning which exists to equip Christian servant leaders for the transformation of church and society.

#### **Our Vision**

To be a distinguished, Christ-centered African institution of higher learning for the transformation of church and society.

#### **Our Mission**

To develop managers, professionals, researchers and scholars to be effective, Christian servant-leaders through the integration of Christian faith and holistic learning for the transformation of church and society in Africa and the world.

Excellence. Transformation. Servant Leadership

### **Our Core Values:**

Excellence | Transformation | Servant-Leadership



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